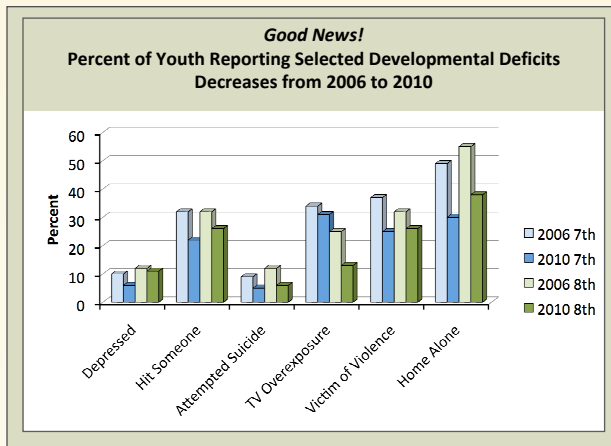
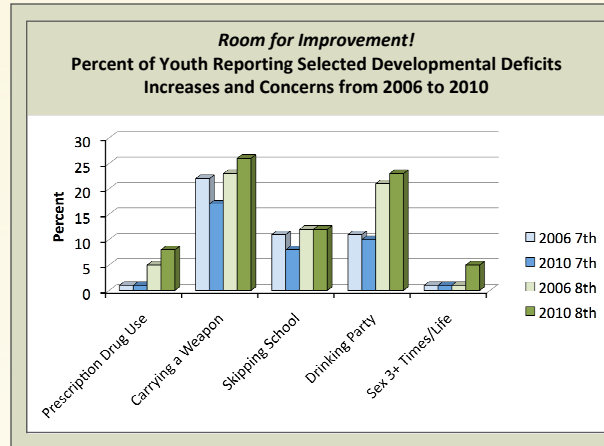




## Good News for Bedford Thriving Indicators



## Room for Improvement in Bedford



## How Can We Protect Bedford Youth?

### Neighbor/ Caring Adult

- Invite a young person to join you in an activity.
- Greet children and adolescents you see everyday.
- Send birthday cards, thank you notes etc.

### Parent/ Family Member

- Consistently model and talk about family values.
- Include children in service projects that benefits others.
- Post a list of the developmental assets.
- Ask youth how they can strengthen their assets.

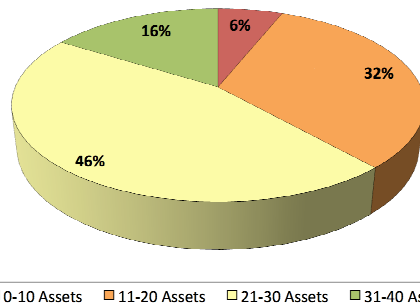
### Business Person

- Develop, expand, & support programs designed to build assets: mentoring, parent education, peer helping, and service learning.
- Develop employee policies that encourage asset building in youth, including flexible work schedules for parents and other employees that allow them to volunteer.

### Youth

- Challenge yourself to develop new interests: new activity.
- Talk to adults that you admire. See adults as potential friends and mentors.
- Look for opportunities to build relationship with younger children through service projects, tutoring, or baby-sitting.

**Percent of Bedford Youth Reporting Assets**  
2010 Average, Bedford 7<sup>th</sup> and 8<sup>th</sup> Grade Students



## Areas of Growth Needed in Bedford Youth

- Positive family communication
- Caring school climate
- Parent involvement in schooling
- Creative activities
- Adult role models
- Community values youth
- Reading for pleasure
- Planning and decision making

## Risk- Taking Behaviors of Bedford Youth

- Alcohol Use
- Illegal Drug Use
- Early Sexual Intercourse
- Skipping School
- Depression
- Hurting another person
- Carrying a weapon
- Riding with an impaired driver

## Thriving Indicators

- Experience School Success
- Help Others Informally
- Value Diversity
- Maintain Good Personal Health
- Exhibit Leadership
- Resist Danger
- Control Impulsive Behavior
- Overcome Adversity