



CBYNH.org

Welcome to Coalition for Bedford Youth, also known as “CBY.” This Bedford organization was established in 1999 to support the well-being of Bedford Youth by promoting community strategies that develop assets in children. Based upon extensive national research, the achievement of 40 Developmental Assets in children has powerful influences upon their behavior and their ability to make positive choices during the adolescent years, and thus, enhance resistance to at-risk behaviors. (See next page for more on the 40 assets.) The goals of CBY include increasing healthy behavior among our youth, and encouraging youth leadership.

CBY is composed of Bedford youth in grades 8-12 and adult advisors from various aspects of the Bedford community such as teachers, parents, business owners, and community leaders. The mission of the Task Development Team, or group of teens who usually meet on a biweekly basis, is to provide a safe and fun environment, encourage mutual respect between self and others, and provide a strong voice for the youth of Bedford through activities and community service. Some of our volunteer activities include student-led workshops at Stand By Me, many collaborations with the Bedford Parks & Recreation Department, including Summer Cultural Series, and the Annual Rotary Club Races. CBY has also planned and hosted events for teens such as a talent showcase for 7<sup>th</sup> and 8<sup>th</sup> grade students, holiday babysitting for shopping parents and a youth booth with dodge ball at Olde Towne Day.

In 2010, our student leaders were selected to present a learning session to adults and teens at the annual National Search Institute conference in Houston, and educated the audience on CBY’s methods of promoting community collaboration and volunteerism while building assets. This year we anticipate a focus on helping the Bedford Historical Society with its ambitious project to bring a much needed community center to Bedford.

CBY continues to grow in membership and helps to provide positive influences for many Bedford teens, with lasting effects into adulthood. Last year, Bedford youths actively participated and logged hundreds of volunteer hours. Like other non-profit organizations, we depend heavily upon volunteers and monetary contributions to provide the environment that encourages our youth to shine.

Several adult volunteer hours are needed during many activities which the Task Development Team plans and implements, as well as hours that are needed at home for administrative tasks. It is with this in mind that the Steering Committee is now requiring CBY parents/guardians to contribute in some way during the year in order to promote the assets of “family support and other adult relationships,” as we influence our “Leaders Today and Tomorrow.” Adults, please find categories on the application where you can contribute based upon your strengths. Our teens are excited and willing to participate in many activities but need adult guidance.

As in the past, annual dues of \$25.00 per youth will be collected. Some of our expenses include liability insurance, postage and supplies, and Task Development Team refreshments. This is one way to promote a vested interest by the teens as they develop assets of “responsibility, personal power, and sense of purpose.”

For more information, about the Coalition for Bedford Youth, please visit <http://cbynh.org/> . You may also contact us by mail at Coalition for Bedford Youth, PO Box 10113, Bedford, NH 03110 or email at [info@cbynh.org](mailto:info@cbynh.org)

Please complete and return the attached membership application. If you have any concerns or questions, please contact us. It is our goal to provide all Bedford youth with the opportunity to participate in activities which promote developmental assets and increase healthy behavior.

**External Assets**

- |                                      |  |
|--------------------------------------|--|
| <b>Support</b>                       | <ol style="list-style-type: none"> <li>1. <b>Family support</b>—Family life provides high levels of love and support.</li> <li>2. <b>Positive family communication</b>—Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents.</li> <li>3. <b>Other adult relationships</b>—Young person receives support from three or more nonparent adults.</li> <li>4. <b>Caring neighborhood</b>—Young person experiences caring neighbors.</li> <li>5. <b>Caring school climate</b>—School provides a caring, encouraging environment.</li> <li>6. <b>Parent involvement in schooling</b>—Parent(s) are actively involved in helping young person succeed in school.</li> </ol> |
| <b>Empowerment</b>                   | <ol style="list-style-type: none"> <li>7. <b>Community values youth</b>—Young person perceives that adults in the community value youth.</li> <li>8. <b>Youth as resources</b>—Young people are given useful roles in the community.</li> <li>9. <b>Service to others</b>—Young person serves in the community one hour or more per week.</li> <li>10. <b>Safety</b>—Young person feels safe at home, school, and in the neighborhood.</li> </ol>  |
| <b>Boundaries &amp; Expectations</b> | <ol style="list-style-type: none"> <li>11. <b>Family boundaries</b>—Family has clear rules and consequences and monitors the young person's whereabouts.</li> <li>12. <b>School Boundaries</b>—School provides clear rules and consequences.</li> <li>13. <b>Neighborhood boundaries</b>—Neighbors take responsibility for monitoring young people's behavior.</li> <li>14. <b>Adult role models</b>—Parent(s) and other adults model positive, responsible behavior.</li> <li>15. <b>Positive peer influence</b>—Young person's best friends model responsible behavior.</li> <li>16. <b>High expectations</b>—Both parent(s) and teachers encourage the young person to do well.</li> </ol>  |
| <b>Constructive Use of Time</b>      | <ol style="list-style-type: none"> <li>17. <b>Creative activities</b>—Young person spends three or more hours per week in lessons or practice in music, theater, or other arts.</li> <li>18. <b>Youth programs</b>—Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in the community.</li> <li>19. <b>Religious community</b>—Young person spends one or more hours per week in activities in a religious institution.</li> <li>20. <b>Time at home</b>—Young person is out with friends "with nothing special to do" two or fewer nights per week.</li> </ol>   |

**Internal Assets**

- |                               |  |
|-------------------------------|--|
| <b>Commitment to Learning</b> | <ol style="list-style-type: none"> <li>21. <b>Achievement Motivation</b>—Young person is motivated to do well in school.</li> <li>22. <b>School Engagement</b>—Young person is actively engaged in learning.</li> <li>23. <b>Homework</b>—Young person reports doing at least one hour of homework every school day.</li> <li>24. <b>Bonding to school</b>—Young person cares about her or his school.</li> <li>25. <b>Reading for Pleasure</b>—Young person reads for pleasure three or more hours per week.</li> </ol>   |
| <b>Positive Values</b>        | <ol style="list-style-type: none"> <li>26. <b>Caring</b>—Young person places high value on helping other people.</li> <li>27. <b>Equality and social justice</b>—Young person places high value on promoting equality and reducing hunger and poverty.</li> <li>28. <b>Integrity</b>—Young person acts on convictions and stands up for her or his beliefs.</li> <li>29. <b>Honesty</b>—Young person "tells the truth even when it is not easy."</li> <li>30. <b>Responsibility</b>—Young person accepts and takes personal responsibility.</li> <li>31. <b>Restraint</b>—Young person believes it is important not to be sexually active or to use alcohol or other drugs.</li> </ol> |
| <b>Social Competencies</b>    | <ol style="list-style-type: none"> <li>32. <b>Planning and decision making</b>—Young person knows how to plan ahead and make choices.</li> <li>33. <b>Interpersonal Competence</b>—Young person has empathy, sensitivity, and friendship skills.</li> <li>34. <b>Cultural Competence</b>—Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds.</li> <li>35. <b>Resistance skills</b>—Young person can resist negative peer pressure and dangerous situations.</li> <li>36. <b>Peaceful conflict resolution</b>—Young person seeks to resolve conflict nonviolently.</li> </ol>  |
| <b>Positive Identity</b>      | <ol style="list-style-type: none"> <li>37. <b>Personal power</b>—Young person feels he or she has control over "things that happen to me."</li> <li>38. <b>Self-esteem</b>—Young person reports having a high self-esteem.</li> <li>39. <b>Sense of purpose</b>—Young person reports that "my life has a purpose."</li> <li>40. <b>Positive view of personal future</b>—Young person is optimistic about her or his personal future.</li> </ol>  |



## Membership Application 2011-2012

Student Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

Email: \_\_\_\_\_ HS Graduation year: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency contact person: \_\_\_\_\_ Relationship \_\_\_\_\_

Emergency contact phone: \_\_\_\_\_

**Parent/Guardians: Please review the volunteer list below and check AT LEAST ONE area in which you will be of assistance this year:**

- |   |  |
|---|--|
| <input type="checkbox"/> Steering Committee Member              | <input type="checkbox"/> Membership Coordinator          |
| <input type="checkbox"/> Task Development Team (TD) Advisor     | <input type="checkbox"/> Fundraising Subcommittee Member |
| <input type="checkbox"/> TD Team Snack Manager                  | <input type="checkbox"/> Fundraising Coordinator         |
| <input type="checkbox"/> TD Team Community Presentation Advisor | <input type="checkbox"/> CBY Website Manager             |
| <input type="checkbox"/> Event Chaperone                        | <input type="checkbox"/> CBY Facebook Manager            |
| <input type="checkbox"/> Adult Volunteer Coordinator            | <input type="checkbox"/> CBY Newsletter Editor           |
| <input type="checkbox"/> Event Refreshment Coordinator          | <input type="checkbox"/> Photographer                    |

***Thank you in advance for your participation. (Descriptions of positions are on pages 4&5.)***

**Picture agreement:** Photos of CBY members, without his/her names, may be used on the CBY web site, brochures or presentations unless CBY is contacted in writing.

*Annual dues:* \$25 for the 2011-2012 school year

*Make checks payable to:* Coalition for Bedford Youth.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Youth Signature \_\_\_\_\_ Date \_\_\_\_\_

**\*Bring application and dues to our next meeting/activity**

**OR mail to: Coalition for Bedford Youth P.O. Box 10113 Bedford, NH 03110**



## **Adult Volunteer Descriptions 2011-2012**

### **Steering Committee Member**

The Steering Committee meets one evening a month (usually the first Monday) during the school year, to discuss upcoming and past events, review reports from subcommittees.

*Member:* Attends meetings, contributes ideas, and supports committee efforts as needed.

*Chairperson:* Presides at all Coalition meetings, coordinates and appoints subcommittees, and acts as liaison to school district, community members and other community organizations.

*Vice Chairperson:* Serves as an advisor to the Chairperson and presides over meetings in the absence of the Chairperson.

*Secretary:* Takes and reports minutes of all meetings, retains custody of all records (other than financial records) and performs other duties incidental to the office such mailings and correspondence.

*Treasurer:* Has custody and supervision of all Coalition monies and keeps regular books of accounts. The treasurer disburses the funds of the Coalition in payment of valid expenditures and submits to the board an account of the financial condition of Coalition and a summary of transactions quarterly.

*Public Relations Officer:* Responsible for submitting announcements, articles and photos to local newspapers and internet media outlets, pertaining to the various CBY news and events.

### **Task Development Team (TD Team) Advisors**

The TD team is made up entirely of teen members who meet on a biweekly basis (usually Thursdays) during the school year. The TD team advisors are adults who provide supervision and some minimal guidance to the teens during their meetings and events.

### **TD Team Meeting Snack Manager**

Coordinates providing light snacks (ex: candy, chips) and beverages (ex. water, juice, soda) at biweekly TD team meetings.

### **TD Team Community Presentation Advisor**

Formally known as the "Education Team", the TD Community Presentation Team periodically visits other organizations in the Bedford area to present CBY's mission, ongoing activities, and "The 40 Developmental Assets". The adult advisor helps coordinate and chaperones the visit.

### **Event Chaperones**

Because CBY is an organization centered on youth, adult chaperones are required at all CBY events. Sometimes those events last most of the day and adults are needed in approximately 2 hour shifts to provide continual supervision.

**Adult Volunteer Coordinator**

The volunteer coordinator is responsible for generating the volunteer chaperone schedule for each event, contacting the pool of chaperone volunteers by email, then coordinating and confirming the response emails. This is a function that can easily be performed from home.

**Event Refreshment Coordinator**

Coordinates light refreshments for CBY hosted community events as needed (2-4 times a year). Responsibilities include selecting and purchasing the food and setting it up before events. The coordinator will be reimbursed for all expenditures.

**Membership Coordinator**

The membership coordinator updates the current membership list and the corresponding contact information for each member. This function can easily be performed from home and most of the required updates are done on a yearly basis usually during early part of the school year.

**Fundraising Subcommittee Members**

Fundraising subcommittee members assist in developing, planning and executing fundraising events (approximately 4 a year).

**Fundraising Coordinator**

Evaluates funding requirements in support of CBY's goals and collaborates with Steering Committee and TD Team to organize various fundraising events throughout the year.

**Website Manager**

The website manager maintains the current CBY website by posting schedule of upcoming events, CBY news, photos, membership forms and other pertinent information. This function can easily be performed from home and website updates are usually performed on a monthly or bimonthly basis

**CBY Facebook Manager**

This year CBY is adding Facebook to our list of public relations efforts intended to attract new members to the organization. The Facebook manager will be developing, and then maintaining the new CBY Facebook page. This function can easily be performed from home.

**CBY Newsletter Editor**

The CBY Newsletter is a publication distributed 3 to 4 times a year and includes CBY news, photos, events, community educational "Developmental Asset of the Edition" and other pertinent information. The editor is responsible for writing some content as well gathering and editing content from other CBY members and formatting the submittals into the Newsletter.

**Photographer**

Photographs various CBY events in action and provides photos to Public Relations Officer, Website and Facebook Managers, and Newsletter Editor